



American Red Cross
Greater Salt Lake Area Chapter

The 2013 Shake Out

Red Cross and Cottonwood Heights Partnership

Please consider volunteering as a local community volunteer. As a local community volunteer you will step forward to serve your community and will be supported by the local chapter of the American Red Cross.

Over the last several years the Red Cross has made considerable progress in building its capacity to provide shelter and feeding services following a disaster.

Don't wait for the disaster to happen. Get your basic training now.

Participate with the 2013 Shake Out in Cottonwood Heights.

Step 1. Submit your name, email address, and phone number to:

Dawn Black, Assistant Emergency Manager
Phone: 801-944-7098
DBlack@cottonwoodheights.utah.gov

Step 2. You will receive an email from the Red Cross with links that will direct you to take the following two courses:

- a. *Disaster Services: An Overview (Module One)* online. The Course is self-paced and the completion time may differ among participants. It takes approximately 60 minutes.
- b. Complete *Shelter Fundamentals* online. This course is self-paced and the completion time may differ among participants. It takes approximately 2.5 hours.

Step 3. Participate in a shelter simulation at Cottonwood Heights April 18, 2013

Red Cross will direct the setting up of a shelter with you the newly trained local volunteers. Once you have participated in this event you will be better equipped to serve your Cottonwood Heights community in a shelter at the time of a disaster.

If you have questions about becoming an ongoing Red Cross volunteer please contact Kristy Denlein at 801-323-7023